Crohn's In Childhood Research Association (CICRA)

REPORT & ACCOUNTS

for the year ended 31 Dec 2023



Registered Charity Numbers England & Wales: 278212

Scotland: SC040700

Unaudited Financial Statements for the Year Ended 31 December 2023

Tudor John Limited Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ

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Report of the Trustees for the year ended 31 December 2023

The trustees present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees are confident that during 2023 the objectives of the charity were met by continuing to fund research which increases knowledge and understanding of Crohn's disease and Ulcerative colitis, collectively known as Inflammatory Bowel Disease (IBD).

Whilst seeking the cause and cure the charity continued to provide support and information for parents and children and continued to raise awareness amongst the general public of the devastating effect this condition continues to have on young lives.

Activity levels in 2023 continued to return towards pre-Covid times but re-establishing face to face meetings such as Family Information Days with medical and other support is taking longer.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal objects for which the Society is established are for the relief of persons suffering from, and to promote and advance public education and research into, Crohn's Disease, Ulcerative Colitis and related disorders.

Public benefit

The trustees have referred to the Charity Commission's general guidance on Public Benefit when reviewing their aims and objectives.

Grantmaking Policy

To meet one of its primary objectives, the Charity invests in medical research into the causes and treatment of Inflammatory Bowel Disease (Crohn's Disease and Ulcerative Colitis), particularly as it affects children and young adults. Applications for research funding are invited from relevant medical and scientific institutions and are then subjected to a rigorous peer review process, involving independent specialist referees and the CICRA Awards Advisory Panel. Typically, the research awards fall within four categories: 3-year Research Training Fellowships, 3-year PhD Studentships, 1-2 year research projects and grants for specific statistical projects related to IBD in childhood. Bursary grants to help with the costs of UK based health professionals and students in training (doctors, nurses and final year medical students) involved in IBD research, attending scientific/medical meetings. These are awarded at the discretion of the Trustees. Also awarded at the discretion of the Trustees, a small start-up grant for young scientists/doctors in training, to carry out an innovative or pilot study.

ACHIEVEMENT AND PERFORMANCE

Governance, Management & Human Resources

At the Annual General Meeting, held on Microsoft Teams on 23rd September 2023:

- Simon Coleman and Paul Cooper, stood down and were both re-elected for a further 3-year term.
- Neil Gooding resigned as a trustee
- Sarah Brown was nominated and approved as a trustee

CICRA implemented their post pandemic staffing model in 2023 based on 4 part time positions and the Sutton office open 4 days a week, Margaret Lee continued to be responsible for the research process, the day-to-day accounting, working with accountants Tudor John Limited and general office and support work. Trustee/Treasurer, Simon Coleman, continued to be responsible for financial affairs. Other Trustees continued to undertake additional activities in connection with specific areas of work such as fundraising, information technology and representation on external committees.

The trustees held their committee meetings as a combination of online and face to face. We continued to see an increased workload due to the queries relating to the vulnerability of children with IBD plus the definite increase in the amount of children being diagnosed, and at an earlier age.

Report of the Trustees for the year ended 31 December 2023

ACHIEVEMENT AND PERFORMANCE

Research

The principal objective of the charity is to raise funds to maintain and expand a research programme to help bring about better treatments and quality of life for children and young adults with Inflammatory Bowel Disease. Also, to discover, through good basic science, the cause and an eventual cure. Since its foundation in 1978 CICRA has funded 27 Training Fellowships, 24 PhD Studentships, 62 Research Projects and set up the first Paediatric Gastroenterology Laboratory in the UK.

During the period under review CICRA continued the funding of the following research:

Research Projects

Professor Holm Ühlig, Oxford University - Setting up the Paediatric IBD BioResource

Dr Annabel David, Oxford University - Understanding stigma in the adolescents with Inflammatory Bowel Disease

In 2022 the John Earnshaw start-up grant was awarded to Zachary Green at the Noah's Ark Children's Hospital, Cardiff:

"To examine the feasibility of Non-Invasive Monitoring with Bowel Ultrasound in Paediatric Inflammatory bowel disease and correlation with inflammatory markers, disease activity scores and as a predictor of changes in treatment (NIMBUS Study.)"

This started in Augst 2023 and will run for one year.

Renewal of a regular consumables grant to support the work undertaken in the Paediatric Gastroenterology Laboratory at St Bartholomew's & The Royal London Hospital.

The trustees issued a research call at the end of 2023 and grants amounting to over £400,000 were awarded to:

A three year CICRA fellowship was awarded to Dr James Ashton and the team at Southampton's Children Hospital with Dr.Zachary Green taking up this paediatric clinical and research training in 2024.

A three year PhD studentship was awarded to Dr Mairi McLean at Dundee University. A student will be appointed in 2024 to look at injury and leakiness of the epithelial barrier in IBD to identify new knowledge of why IBD develops and identify new ways of treating this condition.

A one year Project Research Award was made to Professor David Wilson at Edinburgh University for the novel use of nationwide administrative health data and data-linkage to define UK paediatric IBD epidemiology, early life associations, course and educational attainment.

To ensure transparency and appropriate application of CICRA funds, the Trustees follow a strict Peer Review system using external referees from the UK and other countries, and their own appointed Medical Advisory Panel (MAP), all working in an honorary capacity. Based upon the recommendations of the Medical Advisory Panel the Trustees make the final decision and award the grants. This Peer Review applies to all applications for financial support with the exception of the very minor grants. Annual written reports are required for all awards and are reviewed by the Trustees and Medical Advisors. CICRA encourages the publication of both positive and negative research results.

CICRA continues to hold a Certificate of Good Practice from the Association of Medical Research Charities which enables the charity to use the AMRC 2020 audit logo to show that our process for granting awards is of a high standard. This is a five year certification.

Report of the Trustees for the year ended 31 December 2023

ACHIEVEMENT AND PERFORMANCE

Information and Support

CICRA works with Regional Paediatric Centres, specialist units and also district general hospitals across the UK who treat children with IBD and who distribute 'Parent Packs' to the parents of newly diagnosed children.

CICRA works closely with Paediatric IBD specialist nurses at various paediatric gastroenterology units around the country, their regular contact with the young patients and families is vital and much appreciated.

CICRA 'Can't Wait' cards are available for children to help them explain their condition when in urgent need of a toilet.

The ePals scheme puts young IBD sufferers in contact with each other via e mail and is greatly valued by youngsters and their parents. Feedback received from parents highlighted the value of this scheme in enabling young people to share their experiences and realise that they are not alone.

"E-Pals came at just the right time for my son, as he was in hospital and desperate for something positive. Having contact from people who understood what he was experiencing was great. I want to say thank you - because that time in hospital was a very dark time for him and having contact with people lifted his spirits just when he (and I!) needed it".

Our first post covid Family Information Days were held in 2023 with one in Nottingham in March and another in Bristol in October.

"Amongst a lot of direct support to patients and families through online and telephone contacts CICRA also runs wonderful family days. Health professionals queue up to help these events and the feedback shows how effective and important they really are".

Prof Nick Croft MBBS PhD FRCPCH

Feedback from recent family day attendees reinforced the value of these events:

"I loved the sharing of information so freely and for once I felt part of a bigger community and not alone. It can be isolating at times".

"Knowing you are on the right path/doing the right thing"

"Amazing! I was surprised at how much funding has been put into research and also individuals to assist with developing an awareness of IBD particularly in the earlier years that the charity was set up. For a small charity, I think it's amazing how much good work is done. It's great to get people together and offer this kind of support to families"

Demand for support grew again through 2023 as health services continued to be stretched and as the number of children and young people being diagnosed with IBD increased. Of concern is the continued unprecedented requests for support from parents of extremely young children with IBD. The support which CICRA offers remains a lifeline for many families and is recognised by both parents and professionals alike.

In 2023 35,419 support and information leaflets were distributed of which 3,054 were from our collection of age appropriate information leaflets.

Report of the Trustees for the year ended 31 December 2023

ACHIEVEMENT AND PERFORMANCE

Increasing awareness

Our Family Information Days provide opportunities to network and co-ordinate with healthcare professionals and policy makers as well as to learn about the latest developments in treatments and possible causes of Inflammatory Bowel Disease, especially as it affects the young. Trustees play an active role in organising and attending these meetings. In 2023 Trustees and staff maintained contact with healthcare professionals and organisations and tuned in to many virtual meetings. It should be noted that Trustees do not receive any remuneration and only claim travel and budget style overnight accommodation expenses, in line with the charity's expense guidelines.

The CICRA newsletter compiled and edited by the trustees and staff, is one of the main vehicles, along with the website and social media, for publicising the effect that Inflammatory Bowel Disease can have on children, and for the public to become more aware of their needs.

CICRA continues to publish 'easy to understand' information booklets which are always in high demand. CICRA also offers information and support for parents regarding possible school problems and setting up an Individual Health Plan. This literature covers all ages plus information on what help is available during exam time.

CICRA continues to develop and improve its website, which contains many information resources, and maintains a social media presence, primarily on Facebook and Instagram.

Membership

CICRA does not charge a fixed membership fee as the Trustees continue to believe that all parents of children affected by Crohn's disease and Ulcerative colitis should have access to CICRA literature and information on their child's condition, regardless of their financial position but they invite members to make a donation as and when they wish or are able to do so. Membership is open to patients, parents, their families and friends, medical professionals and anyone interested in furthering the understanding of, and research into, inflammatory bowel disease in children and young adults.

CICRA members fundraising

2023 saw fundraising events returning to pre covid levels. The Trustees are very grateful for all the fundraising members undertake for the charity.

Links with other organisations

CICRA is a member of the Association of Medical Research Charities (AMRC), the National Institute for Health Research (NIHR), the National Council for Voluntary Organizations (NCVO) and is registered with the Fundraising Regulator.

CICRA continues to work with BSPGHAN (British Society of Paediatric Gastroenterology Hepatology and Nutrition), the BSPGHAN Public Patient Participation (PPP) representative and the five associated gastro charities and in particular Crohn's and Colitis UK.

CICRA exchanges newsletters and information with the many national and international organizations dealing with Inflammatory Bowel Disease and responds to enquiries from overseas, sign posting also to sister organisations as appropriate.

FINANCIAL REVIEW

Financial position

As of end of December 2023 the accumulated funds stood at £733,449 of which £716,449 represented unrestricted funds. Research commitments for future years and detailed in Note 17 to the accounts amount to £428,875 with a further £140,000 designated to future research and support. In the year under review there was £17,256 of legacy income, Trust income was £83,204, other activities and donations £185,175 and investment income £21,980. Of the £733,449 accumulated funds as at 31st December 2023, £370,969 is in Fixed Deposit Cash Funds. Other surplus funds are in accounts with CAF, COIF and NatWest.

Investment policy

The charity's constitution authorises the trustees to make and hold investments using the funds of the charity. There are no restrictions on the trustees' power to invest, although the trustees take appropriate advice before making any investments that carry more than a low degree of risk.

Report of the Trustees for the year ended 31 December 2023

FINANCIAL REVIEW

Reserves policy

CICRA has no significant secure income, relying almost totally on voluntary contributions, donations, grants and fund-raising activities. In consequence the trustees believe that it is essential to have sufficient funds to ensure continuity in the event of a temporary reduction in income. The trustees have agreed a policy to hold reserves on deposit equal to a minimum of six months operational expenses and covering long term commitments. At the end of 2023 we estimate these to be £140,000. In addition to this we have £17,000 of funds restricted to specific projects, £428,875 for future research commitments and we have £140,000 designated for future research and support. We continuously review our research programme to ensure that we are up to date with current findings.

OUTLOOK

The Trustees are hopeful that the return to relative normality in 2023 in a number of areas will continue. It is apparent that the medical profession who support the charity in a number of ways are under increasing demands.

The Trustees look forward to seeing the research grants awarded at the end of 2023 progress during 2024.

Alongside the need to ramp up research efforts, the Trustees are conscious of the need to increase CICRA's support offering to meet unprecedented demand for support from concerned families. This is being driven partly by an increase in prevalence, and partly by over-stretched healthcare services being unable to provide the patient support that they would like to.

The CICRA Trustees will continue to review and manage the charity prudently during the current cost of living challenges. They will do all they can to continue as far as possible with the research and support programmes planned. The focus will be to restore the charity's income and ramp up our research, support and awareness efforts.

At the present time the contribution that CICRA makes to the field of paediatric IBD remains as vital as ever. We believe that the surge in new IBD diagnoses creates an urgent need for further research and support, particularly for the very early onset cases which appear to show a huge increase over recent years

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The Crohn's in Childhood Research Association (CICRA), an unincorporated charitable association, is registered in England & Wales under Charity Number 278212 and in Scotland under Charity Number SC040700. CICRA is governed by an amended constitution adopted at the Annual General Meeting on 14 October 1989.

Recruitment and appointment of new trustees

The board of trustees shall be not less than six and not more than twelve members of the Association elected at the Annual General Meeting. The trustees have the power to co-opt members to fill a casual vacancy or as an addition to the existing trustees. One third of the members of the Board shall retire each year in order of seniority but may be eligible for re-election

The Trustees meet on average every six weeks and are responsible for determining policies, the budget and overall management of the charity. The small staff team and office volunteers are responsible for undertaking the day-to-day running of the Association, carrying through the policies, budget and day to day administration as determined by the Board of Trustees. As well as representing the charity at medical meetings some Trustees continue to actively assist in the office and in the organisation of events.

Induction and training of new trustees

New Trustees co-opted during the year, or elected at the AGM, are given an induction course by the Chair outlining the objects as set out in the Constitution, the roles of the other Trustees, the present financial standing of the charity and its commitments. Trustees are asked to take on or share responsibility for overseeing a certain aspect of the charity i.e. research, finance, communication technologies, outreach and support, etc.

Report of the Trustees for the year ended 31 December 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees continue to regularly examine the strategic, business and operational risks to which the charity is exposed, and confirm that they have put in place systems to mitigate those risks as far as they are able to do.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

278212

Principal address

Pat Shaw House 13-19 Ventnor Road Sutton Surrey

Trustees

SM2 6AQ

G Lee (Chairman)
Ms S Brown (appointed 25.4.23)
S Coleman
P Cooper
Mrs M Lee MBE
Mrs C Malloy
Ms K Malloy
Mrs N Pitney-Hall

Independent Examiner

Tudor John Limited Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ

Hon. Awards Advisory Panel

Professor I Sanderson (Chairman)

Dr P Deb

Professor S Ennis

Dr J Epstein

Dr M Gasparetto

Dr R Heuschkel

Professor T MacDonald

Dr S Protheroe

Professor H Uhlig

Professor D Wilson

Hon. Clinical Directors

Dr K Blakeley Dr J Epstein

Approved by order of the board of trustees on 14th September 2024 and signed on its behalf by:

finderly	
G Lee - Trustee	***************************************

Independent Examiner's Report to the Trustees of Crohn's in Childhood Research Association

Independent examiner's report to the trustees of Crohn's in Childhood Research Association

I report to the charity trustees on my examination of the accounts of Crohn's in Childhood Research Association (the Trust) for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act') and the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The Charity's trustees consider than an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that the requirement of Regulation 10(l)(a) to (c) of the 2006 Accounts Regulations does not apply and that an independent examination is required. It is my responsibility to examine the accounts as required under Section (44(1)(c) of the Act and to state whether particular matters have come to my attention.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act and in accordance with Regulation 11 of the 2006 Accounts (Scotland) Regulations.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act and Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (Scotland); or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 and with Regulation 8 of the 2006 Accounts Regulations other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

My Migh

H. M. Day BSc FCA DChA
The Institute of Chartered Accountants in England and Wales

Tudor John Limited Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ

Date: 16 Sectember 2024

Statement of Financial Activities for the year ended 31 December 2023

ANGOME AND UNIDOMINENTS EDOM	Notes	Unrestricted funds	Restricted funds	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies		216,371	46,749	263,120	210,717
Other trading activities Investment income	2 3	22,515 21,980		22,515 21,980	23,850 4,500
Total		260,866	46,749	307,615	239,067
EXPENDITURE ON					
Raising funds	4	77,103	-	77,103	64,473
Charitable activities Research	5	33,532	17,250	50,782	60,045
Support and information programme		45,799	63,267	109,066	77,528
Other		13,968		13,968	14,875
Total		170,402	80,517	250,919	216,921
NET INCOME/(EXPENDITURE)		90,464	(33,768)	56,696	22,146
RECONCILIATION OF FUNDS Total funds brought forward		625,985	50,768	676,753	654,607
TOTAL FUNDS CARRIED FORWARD		716,449	17,000	733,449	676,753

Balance Sheet 31 December 2023

	N	Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
FIXED ASSETS	Notes	£	£	£	£
Investments	11	370,969	-	370,969	356,397
CURRENT ASSETS					
Stocks	12	3,623	-	3,623	3,347
Debtors	13	36,779	-	36,779	39,768
Cash at bank and in hand		333,572	17,000	350,572	312,383
		373,974	17,000	390,974	355,498
CREDITORS Amounts falling due within one year	14	(28,494)		(28,494)	(35,142)
NET CURRENT ASSETS		345,480	17,000	362,480	320,356
TOTAL ASSETS LESS CURRENT					
LIABILITIES		716,449	17,000	733,449	676,753
		-			
NET ASSETS		716,449	<u>17,000</u>	733,449	676,753
FUNDS Unrestricted funds Restricted funds	16			716,449 17,000	625,985 50,768
TOTAL FUNDS				733,449	676,753

G Lee - Trustee

S Coleman - Trustee

Notes to the Financial Statements for the year ended 31 December 2023

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

FINANCIAL REPORTING STANDARD 102 - REDUCED DISCLOSURE EXEMPTIONS

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

the requirements of Section 7 Statement of Cash Flows.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment Furniture and equipment

33% straight line 20 - 33% straight line

STOCKS

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

TAXATION

The charity is exempt from tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

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Notes to the Financial Statements - continued for the year ended 31 December 2023

1. ACCOUNTING POLICIES - continued

INVESTMENTS

Investments are shown in Balance Sheet at the year end market value. Any unrealised gains or losses on revaluation are accounted for in the period in which they arise. Realised and unrealised gains and losses are combined in the appropriate section of the SOFA.

2 OTHER TRADING ACTIVITIES

2.	OTHER TRADING ACTIVITIES		
	Merchandise (incl xmas) Christmas/summer draw 200 Club	2023 £ 6,386 11,059 5,070	2022 £ 8,407 10,880 4,563
		22,515	23,850
3.	INVESTMENT INCOME	2022	2020
		2023	2022
	Demonit annum interest	£ 7.400	£
	Deposit account interest Schroders Fixed Interest account	7,408	1,368 3,132
	Schroders rixed interest account	14,572	_3,132
		21,980	4,500
4.	RAISING FUNDS		
	RAISING DONATIONS AND LEGACIES		
		2023	2022
		£	£
	Staff costs	29,061	15,988
	Trustees' expenses	417	249
	Postage and stationery	8,394	5,323
	Office costs	18,767	19,664
	Marketing and advertising	20	732
	Legal and bank costs Lotteries	30 6,227	58 5,007
	Other fundraising expenses	7,631	10,823
	Outsourcing	7,031 2,924	2,852
	Outsoutonig		

73,451

60,696

Notes to the Financial Statements - continued for the year ended 31 December 2023

5. CHARITABLE ACTIVITIES COSTS

6.

Research Support and information programme	Direct Costs (see note 6) £ 8,097 109,066	Grant funding of activities £ 42,685	Totals £ 50,782 109,066
DIRECT COSTS OF CHARITABLE ACTIVITIES		2023 £	2022 £
Staff costs		28,631	14,489
Trustees' expenses		3,756	2,243
Postage and stationery		15,589	9,886
Office costs		34,496	29,497
Marketing and advertising		12,014	21,704
Family meetings		18,237	2,000
Legal fees		55	87
Volunteer expenses			248
Outsourcing		4,385	4,278
		117,163	84,432

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

TRUSTEES' EXPENSES

	2023	2022
	£	£
Trustees' expenses	<u>4,173</u>	<u>2,492</u>

No Trustee received any remuneration for their services as a Trustee. A total of £3,930 (2022: £2,492) was reimbursed to 4 Trustees (2022: 3). These Trustees carry out tasks in furtherance of the charity's objectives on an expenses only basis and these costs have been allocated as appropriate to Research, Support & Information and Cost of Generating funds.

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Administration	3	4

No employees received emoluments in excess of £60,000.

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Notes to the Financial Statements - continued for the year ended 31 December 2023

9.	COMPARATIVES FOR THE STATEMENT OF FINANCE	Unrestricted funds	Restricted funds	Total funds
	INCOME AND ENDOWMENTS FROM	£	£	£
	Donations and legacies	185,717	25,000	210,717
	Other trading activities	23,850	_	23,850
	Investment income	4,500		4,500
	Total	214,067	25,000	239,067
	EXPENDITURE ON			
	Raising funds	64,473	-	64,473
	Charitable activities	10.041		
	Research	40,661 74,404	19,384	60,045
	Support and information programme	74,404	3,124	77,528
	Other	14,875	_	14,875
	Total	194,413	22,508	216,921
	NET INCOME	19,654	2,492	22,146
	RECONCILIATION OF FUNDS			
	Total funds brought forward	606,331	48,276	654,607
	TOTAL FUNDS CARRIED FORWARD	625,985	50,768	676,753
10.	TANGIBLE FIXED ASSETS			
10.	TANGIBLE FIAED ASSETS	Improvements	Fixtures	
		to	and	T 1
		property £	fittings £	Totals £
	COST At 1 January 2023 and 31 December 2023	3,850	49,156	53,006
	DEPRECIATION			
	At 1 January 2023 and 31 December 2023	3,850	49,156	53,006
	NET BOOK VALUE			
	At 31 December 2023			
	At 31 December 2022		-	-

Notes to the Financial Statements - continued for the year ended 31 December 2023

11.	FIXED ASSET INVESTMENTS	2023	2022
	Other	£ 370,969	£ 356,397
	There were no investment assets outside the UK.		
	Investments (neither listed nor unlisted) were as follows:		
	Schroders Fixed Deposit account	2023 £ 370,969	2022 £ 356,397
12.	STOCKS	2023	2022
	Stocks	£ 3,623	£ 3,347
13.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2023 £	2022 £
	Prepayments and accrued income	<u>36,779</u>	<u>39,768</u>
14.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2023	2022
	Trade creditors Taxation and social security Other creditors	£ 21,753 402 6,339 28,494	£ 20,969 253 13,920 35,142
15.	LEASING AGREEMENTS		
	Minimum lease payments under non-cancellable operating leases fall due as follow	/S:	
	Within one year Between one and five years	2023 £ 39,500 62,500 102,000	2022 £ 38,000 98,167 136,167

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Notes to the Financial Statements - continued for the year ended 31 December 2023

16. MOVEMENT IN FUNDS

MOVEMENT IN FUNDS				
		Net	Transfers	
		movement	between	At
	At 1.1.23	in funds	funds	31,12,23
	£	£	£	£
Unrestricted funds				
General fund	540,889	90,464	(483,779)	147,574
Designated fund	85,096	-	343,779	428,875
Research and Support	_	-	140,000	140,000
11				
	625,985	90,464	-	716,449
Restricted funds	020,700	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		710,712
Support meetings	25,768	(25,768)	_	-
Family Days	16,000	(4,000)	-	12,000
Parenting packs	9,000	(9,000)	_	12,000
Global Make Some Noise	,,,,,,,	5,000	_	5,000
Global Make Some Moise				
	50,768	(33,768)	_	17,000
TOTAL FUNDS	676,753	56,696	-	733,449
Net movement in funds, included in the abo	ove are as fellows:			
Net movement in funds, included in the abo	ove are as follows:			
		Incoming	Resources	Movement
		resources	expended	in funds
		£	£	£
Unrestricted funds		~	~	~
General fund		260,866	(170,402)	90,464
		200,000	(1,0,102)	50,10,
Restricted funds				
Support meetings		14,500	(40,268)	(25,768)
Family Days		7,500	(11,500)	(4,000)
Research grants		17,250	(17,250)	(1,000)
Parenting packs		2,499	(11,499)	(9,000)
Global Make Some Noise		5,000	-	5,000
		46,749	(80,517)	(33,768)
			_(++,+-+)	_(==,.==)
TOTAL FUNDS		307,615	(250,919)	56,696

Notes to the Financial Statements - continued for the year ended 31 December 2023

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

		Net	Transfers	
		movement	between	At
	At 1.1.22	in funds	funds	31.12.22
	£	£	£	£
Unrestricted funds				
General fund	468,459	19,654	52,776	540,889
Designated fund	137,872		(52,776)	85,096
	(0/, 221	10 (54		625,985
D	606,331	19,654	-	023,983
Restricted funds				
Support meetings	8,892	16,876	-	25,768
Family Days	16,000	-	-	16,000
Research grants	14,383	(14,383)	-	-
Parenting packs	9,000	-	-	9,000
Global Make Some Noise	1	(1)		
	48,276	2,492	_	50,768
	10,270			
TOTAL FUNDS	654,607	22,146	-	676,753

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds		(404 440)	
General fund	214,067	(194,413)	19,654
Restricted funds Support meetings	20,000	(3,124)	16,876
Research grants	5,000	(19,383)	(14,383)
Global Make Some Noise		(1)	(1)
	_25,000	(22,508)	2,492
TOTAL FUNDS	239,067	<u>(216,921</u>)	22,146

Support Meetings

This fund represents amounts donated to CICRA towards the cost of the Support Meetings held.

Research Grants

This fund represents amounts donated to CICRA towards the cost of Research Grants.

Parenting Packs

This fund represents amounts donated to CICRA towards the costs of providing parenting packs.

Global Make Some Noise

This fund represents amounts donated to CICRA by the Global Make Some Noise Charity towards the cost of the website and digital material.

Research and Support Designated fund

During the year the trustees designated funds towards providing future Support and Research into Crohn's.

Notes to the Financial Statements - continued for the year ended 31 December 2023

17. OTHER FINANCIAL COMMITMENTS

The Charity has future grant commitments already entered into and spread over the years to 2023 - 2024 inclusive, totalling £85,096 (2022: £85,096) These multi-year grants are reviewed annually and payments for second and subsequent years are only made upon receipt of satisfactory progress reports. Consequently, the trustees do not consider it appropriate to make provision for these commitments in the financial statements.

Existing research commitments: Grant awarded to: Professor Holm Uhlig, Oxford University Grant awarded to: Dr James Ashton Grant awarded to: Dr Mairi McLean Grant awarded to: Professor David Wilson Laboratory consumables grant: Prof. Ian Sanderson, Barts & the Royal London Hospital	£ 8,272 268,068 95,952 49,383 7,200
The timing of the above commitments is as follows: Grant Commitments 2024 Grant Commitments 2025 Grant Commitments 2026 Grant Commitments 2027	98,836 133,686 121,340 75,013

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.

Detailed Statement of Financial Activities for the year ended 31 December 2023

for the year ended 31 December 2023				
	2023	2022		
	£	£		
INCOME AND ENDOWMENTS				
Donations and legacies Donations	263,120	210,717		
Donations	203,120	210,717		
Other trading activities				
Merchandise (incl xmas)	6,386	8,407		
Christmas/summer draw	11,059	10,880		
200 Club	5,070	4,563		
	22,515	23,850		
	22,313	25,650		
Investment income				
Deposit account interest	7,408	1,368		
Schroders Fixed Interest account	14,572	3,132		
	21,980	4,500		
	227 (15	220.067		
Total incoming resources	307,615	239,067		
EXPENDITURE				
Daising denotions and loganies				
Raising donations and legacies	417	249		
Trustees' expenses Wages	28,784	15,988		
Pensions	277	15,766		
Postage and stationery	8,394	5,323		
Office costs	18,767	19,664		
Marketing and advertising		732		
Legal and bank costs	30	58		
Lotteries	6,227	5,007		
Other fundraising expenses	7,631	10,823		
Outsourcing	2,924	2,852		
	72.451	60,696		
	73,451	00,090		
Other trading activities				
Merchandise (including Christmas cards)	3,652	3,777		
Charitable activities				
Trustees' expenses	3,756	2,243		
Wages	28,266	14,489		
Pensions	365	_		
Postage and stationery	15,589	9,886		
Office costs	34,496	29,497		
Marketing and advertising	12,014	21,704		
Family meetings	18,237	2,000		
Legal fees	55	87		
Carried forward	112,778	79,906		

Detailed Statement of Financial Activities for the year ended 31 December 2023

for the year ended 31 December 2025		
·	2023	2022
	£	£
Charitable activities		
Brought forward	112,778	79,906
Volunteer expenses	_	248
Outsourcing	4,385	4,278
Grants to institutions	42,685	53,141
	159,848	137,573
Other		
Wages	5,806	8,914
Pensions	40	-
Trustee insurance	1,506	1,525
Accountancy	6,080	3,630
Legal and bank costs	536	806
	13,968	_14,875
Total resources expended	250,919	216,921
Net income	56,696	22,146